

Intentional Parenting Conversations

WEEK 2 / FERTILIZER / FEAR AND ENCOURAGEMENT

Each week, we'll prompt some reflection and a practice.

What fears do you carry as a parent for which you need God's encouragement?

What fears do your kids carry for which they need your encouragement?

What is a promise from God in the Bible that specifically applies to your child/each of your children? (You can use the list below to get some ideas going.) What is a phrase or two you can speak regularly, specifically to your child/each of your children? Set a reminder for each day for the next month to speak this encouragement.

God's Presence

"I will never leave you nor forsake you." — Hebrews 13:5

"When you pass through the waters, I will be with you." — Isaiah 43:2

"The Lord your God is with you... He will quiet you by His love." — Zephaniah 3:17

"I am with you always, to the end of the age." — Matthew 28:20

Promise: You are never alone—even in suffering, doubt, or silence.

God's Peace

"My peace I give to you... not as the world gives." — John 14:27

"The peace of God... will guard your hearts and minds." — Philippians 4:7

"You keep him in perfect peace whose mind is stayed on you." — Isaiah 26:3

Promise: God offers a deeper peace than circumstances can disrupt.

God's Provision

"My God will supply every need of yours." — Philippians 4:19

“Seek first the kingdom... and all these things will be added to you.” — Matthew 6:33

“The Lord is my shepherd; I shall not want.” — Psalm 23:1

Promise: God sees your needs and faithfully provides what is truly necessary.

God’s Strength + Help

“I will strengthen you, I will help you.” — Isaiah 41:10

“My grace is sufficient for you... power is made perfect in weakness.” — 2 Corinthians 12:9

“Those who wait for the Lord shall renew their strength.” — Isaiah 40:31

Promise: Your weakness is not a barrier—it’s often where God meets you most powerfully.

God’s Guidance

“Trust in the Lord... and He will make your paths straight.” — Proverbs 3:5–6

“I will instruct you and teach you in the way you should go.” — Psalm 32:8

“Your word is a lamp to my feet.” — Psalm 119:105

Promise: God is not hiding His will; He leads those who seek Him.

God’s Forgiveness + Mercy

“If we confess our sins, He is faithful... to forgive.” — 1 John 1:9

“As far as the east is from the west... so far does He remove our transgressions.” — Psalm 103:12

“There is now no condemnation for those in Christ Jesus.” — Romans 8:1

Promise: Your past does not define your standing with God—His mercy does.

God’s Faithfulness

“The Lord is faithful. He will establish you.” — 2 Thessalonians 3:3

“Great is Your faithfulness.” — Lamentations 3:22–23

“He who began a good work in you will carry it on to completion.” — Philippians 1:6

Promise: God does not abandon what He starts—including you.

God’s Love

“Nothing... will be able to separate us from the love of God.” — Romans 8:38–39

“I have loved you with an everlasting love.” — Jeremiah 31:3

“See what kind of love the Father has given us...” — 1 John 3:1

Promise: God’s love is not fragile, conditional, or temporary.

God's Redemption & Restoration

"I will restore the years that the locust has eaten." — Joel 2:25

"All things work together for good for those who love God." — Romans 8:28

"Behold, I am making all things new." — Revelation 21:5

Promise: God can redeem loss, failure, and even suffering into something meaningful.

God's Hope + Future

"I know the plans I have for you... to give you a future and a hope." — Jeremiah 29:11

"Those who hope in the Lord will renew their strength." — Isaiah 40:31

"In this world you will have trouble. But take heart; I have overcome the world." — John 16:33

Promise: Your story is ultimately held in hope, not despair.

God's Nearness to the Brokenhearted

"The Lord is near to the brokenhearted." — Psalm 34:18

"Blessed are those who mourn, for they shall be comforted." — Matthew 5:4

"He will wipe away every tear." — Revelation 21:4

Promise: God does not avoid grief—He enters it with you.